The Third Sunday of the Fast:
The Worship of the Precious and Life-giving Cross

Apolytikion

First Mode

Intonation: #1

Allegro \( \frac{1}{4} \)

\( \text{D} \)

Save, O Lord, Thy people and bless Thine inheritance; grant Thou unto the faithful victory over adversaries. And by the power of Thy Cross do Thou preserve Thy commonwealth.

\( \Sigma \omega \sigma \sigma \nu \ \Κ \upsilon \upsilon \epsilon \ \tau \omicron \nu \ \lambda \alpha \omicron \omicron \nu \ \sigma \omicron \upsilon \)
The Third Sunday of the Fast: 
The Worship of the Precious 
and Life-giving Cross

Kontakion

Intonation: #21

Grave Mode

Allegro \*450

F C G A E \n
No long-er doth the flam-ing sword guard the gate of E-
den, for a mar-vel-lous quench-ing is come up-on_

Un. F

it, e-ven the Tree of the Cross. The sting

F C

hath been tak-en from death, and the vic-to-ry from
And Thou, my Saviour, hast appeared unto those in Hades, saying: Enter ye again into Paradise.